

# CLAUDIA FALLAH


SENSITIVE SKINCARE SINCE 1999

## Claudia Fallah's Bespoke Treatment Menu

*All products purchased after your treatment will have a 20% discount.*  
Available every Saturday @beyondmedispa Harvey Nichols Knightsbridge  
or at Claudia's Private Clinic daily - Mile End





### BESPOKE CF COSMECEUTICAL FACIAL:

All facial treatments are tailored to your skin condition and a bespoke treatment plan will be created to achieve optimum results. We will focus on your skin concerns using our Multi Award Winning Cosmeceuticals, that have been specifically formulated for optimum performance to restore and maintain a healthy, radiant skin confidence.

 Home visits are available on all treatments

### SIGNATURE FACIAL





A truly luxurious cutting-edge facial treatment using the most advanced antioxidants and a combination of Vitamin C for anti-aging with a high concentration of hyaluronic acid and sandalwood tree nut oil ximenynic acid that improves skin elasticity and heals. It also corrects signs of aging and repairs the skin. It improves the blood and lymph circulation to kick start the metabolism and regeneration of cells and promotes new cell growth. It increases the penetration of the beneficial nutrients from your skin care products.

-  Time: 90-120min
-  Back to work: immediately
-  Results: instant
-  Product recommendations: Gift Set (Azulene Foam Active, Energizing Beauty Fluid, Intensive Repair Cream.)



### LET'S GET RID OF ACNE FACIAL

Developed as a kinder alternative to treat cystic acne, acne vulgaris, acne rosacea and adult acne instead of using steroids, cortisone or antibiotics. We treat the traumatised, inflamed and active acne skin, blackheads and milia to deep clean, steam and extract skin debris, bacteria and excess sebum from pores using pure O3 Ozone Therapy and combined with Bio Therapy LLLT (Low Level Laser Therapy) to speed up the healing process, reduce scarring and reduce the rate of post surgical infections.

-  Time: 90-180min
-  Back to work: Next Day
-  Downtime: 2 days
-  Product recommendations: Azulene Foam Active, Ozone Cream, Calming Herbal Lotion, Cover Rescue







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## MEN'S FACIAL:

A deep cleansing facial especially designed for specific needs of male skin. This facial treatment eliminates blocked pores and soothes shaving irritation and reduces inflammation. It uses antimicrobial properties which provide protection against harmful bacteria, encouraging healthy and radiant skin.




-  Time: 60-90min
-  Back to work: immediately
-  Results: instant
-  Product recommendations: Azulene Foam Active, Calming Herbal Lotion, Cover Rescue



## NON-SURGICAL FACE LIFT


A stimulating facial lift to workout the muscles for a more youthful look. Sagging skin is lifted, skin is firmer and smoother, facial contours are redefined, features are visibly more toned just after one session.

This system has been mainly and successfully used in the medical industry to rebuild facial muscles after suffering from a stroke.

-  Time: 90-120min
-  Back to work: immediately
-  Results: instant

## MILIA REMOVAL

Safely and easily eliminates stubborn white spots. Once the skin has been cleaned, a sterile needle is then used to create a tiny incision in the skin covering the cyst. The contents of the milia are carefully extracted to not cause any trauma to the skin.

-  Time: 30-45min
-  Back to work: Next Day
-  Pain level: None to mild
-  Results: instant
-  Product recommendations: Azulene Foam Active, Intensive Repair Creme, Cover Rescue



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## FACIAL THREAD VEIN TREATMENT/ SKIN TAG TREATMENT

Removes unwanted thread veins to reduce facial redness safely and efficiently, so you can expect to say goodbye to red veins and say hello to beautiful radiant skin.



Time: 60-90min



Anaesthetic: no Anaesthetic cream



Back to work: next day



Downtime: 7-10 days



Pain level: mild to slightly uncomfortable in certain areas



Product recommendations: Azulene Foam Active, Calming Herbal Lotion, Intensive Repair Cream, Cover Rescue



### SKIN TAGS

Thread Vein Treatment can also be used to remove skin tags. Skin Tags are small growths that hang off your skin. They are common and harmless but can be removed if they are bothering you.

## JETLAG CURE

This hydrating facial revitalises and calms the skin pre or post flight and leaves your skin with a glowing complexion.



Time: 90-120min



Back to work: immediately



Results: instant



Product recommendations: Azulene Foam Active, Calming Herbal Lotion, Intensive Repair Cream, Cover Rescue



## Medical Treatments

### Medical Peels targeting multiple skin concerns

Peels are minimally invasive and very effective in revitalising facial appearances. Our peels do not contain perfume components and banned preservatives to minimise the possibility of allergic reactions and other side effects.

### Purifying Peel: Acne prone skin

Provides a complete solution for acne-related disorders.

Acne and acnetic scars, Folliculitis, Hyperkeratosis, Acnetic couperose

### Photo-Aging Peel:

Reduces the signs of photo-aging, for dull, sagging skin and has a rejuvenating effect.

### Radiance Peel:

Achieves a uniform skin tone by attenuating discolouration of any kind. Providing brightening effect by eliminating superficial dead skin cells. Implements durable whitening effect for age spots, solar lentigo, chloasma and melisma, pigmentation and skin aging. Only for fair skin!

### Lactic Peel:

Fine wrinkles and photo-aging, stimulates the formation of collagen, elastin and other skin substances, especially for dry and aging skin's with redness, psoriasis, fragile skin, age spots and melasma, post inflammatory, hyperpigmentation

### Mandelic Peel:

The Mandelic Peel is ideal for rosacea sufferers, this skin peel gently removes the layers of dead skin cells, helping to reduce redness. Your skin will have a more even skin tone, healthier and smoother. This is also suitable for skin with acne and hyperpigmentation, acnetic or oily skin, rosacea.

### Mesoshine Peel:

The Mesoshine Peel is suitable for stretch marks/ scars, Seborrheic dermatitis, cellulite, flaccidity, dandruff and hair loss program, oily scalp.



Time all peels above 30min



Back to work: Immediately



Downtime: None



Product recommendations: Azulene Foam Active, Medical Loft 15% C Energizing Booster or Energizing Beauty Fluid to boost your skin's metabolism and a firming antioxidant.







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## HERBAPEEL LIGHT:

This is a unique blend of herbal ingredients with magnesium oxide crystals, vitamins, and enzymes. It is a great option for very sensitive and reactive skin to achieve an amazing glow and minimise enlarged pores and even out blotchy skin by improving microcirculation and supplies the skin with oxygen and nutrients.

-  Time: 30min
-  Back to work: immediately
-  Results: instant
-  Product recommendations: Azulene Foam Active, Energizing Beauty Fluid to maintain the glow








## HERBAPEEL DEEP PEELING TREATMENT:

This distinctive treatment is based on the power of herbs!

The unique medically developed skin regeneration treatment with only pure plant ingredients and a successful method of non-surgical procedure has proven outstanding results that gives you new skin in just 4 days. It's natural composition is completely free from chemical substances, synthetic binders and abrasives, without any toxic side effects.

This treatment is especially suitable for those suffering with acne scar tissue, skin discoloration, pigmentation and aged skin.


-  Time: 60min and 4 days later an aftercare treatment is necessary
-  Back to work: next day but on day 3 and 4 take time off because of the peeling process
-  Downtime: 5 days
-  Pain level: a bit uncomfortable for a few minutes, varies person to person
-  Product recommendations: Azulene Foam Active, Calming Herbal Lotion, Intensive Repair Creme, Ultra Pro-Tech SPF50




## TCA PEELING FOR BRIGHTER SKIN AND THE DESIRE FOR FAIR SKIN

Unique peeling system based on TCA (trichloroacetic acid peel) the TCA Peel is one of the most innovative ways to rejuvenate the skin and is a 100% safe and comfortable peel and can be used on sensitive skin. This peel contains also citric and ascorbic acid, they work as antioxidants and centella asiatica it stimulates fibroblasts, revitalises and has antibacterial properties.


Suitable for most noticeable signs of photoageing, such as little lines and uneven skin tones, acne scarring and chloasma, hyperpigmentation, hyperkeratosis, stretch marks, ageing skin changes of hands, face, neck and décolletage area.


 Time: 30min

 Back to work: immediately

 Results: instant glow

Frequency: 1 session every 7 days (up to 4 sessions)

 Homecare products are vital with this treatment for best results therefore we recommend the intensive repair creme that needs to be applied an hour after the treatment and as a procedure protocol at home.

 Also we recommend ultra pro-tech SPF 50

## MESOTHERAPY TREATMENT

This is an effective skin rejuvenation treatment that enables a bespoke combination of powerful vitamins, amino-acids, minerals and hyaluronic acid to the layers of the skin where cell repair and growth occurs. It is injected into the lower layers of the skin using cutting-edge micro-needling technology. Fresh skin cells will replace aged or damaged ones leaving you with a firmer, more toned and radiant complexion.

The blend of nutrients used can be tailored to your own individual skin concerns and needs.

### What areas can be treated with Mesotherapy?


- Facial rejuvenation and face mesolift for fine lines and wrinkles, sagging skin and dehydrated skin to firm, fill and moisturise
- Acne
- Pigmentation
- Melasma and Aging spots
- Neck and Decolltage
- Eye bags and dark circles
- Hand Rejuvenation
- Double Chin
- Stretch mark treatments
- Cellulite
- Fat reduction/ slimming treatment
- Weak hair and hair loss for alopecia caused by stress or thyroid problems

 Time: depends on the area but usually 45-60min

 Back to work: immediately

 Downtime: depends on the type of concern

 Results after facial Mesotherapy: instantly

 Recommended treatment: course of 3-6 recommended, for hair loss we recommend a 6 month course for best results.



## BIO THERAPY TREATMENT

Low Level Laser Therapy (LLLT) primarily stimulates the body's cellular responds to damage. In soft tissue injuries, for example, LLLT rapidly increases the proliferation of growth factor cells (i.e. macrophages, fibroblast and mast cells in particular) and is therefore widely used to accelerate tissue repair and mobilise chronic conditions.

### What conditions is Biotherapy used for?

- Wound healing
- Dermatology, including acne, rosacea and eczema treatment
- inflammation, redness,
- burns
- cold sore
- Cosmetic applications, including reduction of scarring after face lift or eye lift
- skin regeneration,
- dark eye circles and eye bag
- Pain relief of TMJ (Temporomandibular joint)
- Jaw muscle



Time: depends on the area 15-30min



Back to work: immediately



Downtime: None

## SKIN REPAIR AND BIOREVITALISER

This ground-breaking skin re-modeling treatment helps redefine and hydrate the skin. The unique injectable treatment uses high concentrations of natural Hyaluronic Acid, enabling its powerful hydrating properties to stimulate tissue, encouraging long lasting neocollagenesis

TKN HA3 is the solution you are looking for instead of using toxins. Restore your beauty!

This treatment can improve skin tone, texture, elasticity, firmness, hydration and radiance. Also very beneficial on acne scarring, open pores and anti-aging treatments, it offers many advantages to patients all ages and its perfect for combining with fillers..

For deep tissue regeneration it encourages cell turnover, to improve the skin's biocompatible and fully absorbs. It is absolutely safe with immediate visible results and no pain.



Time: Approx 30-60 min (depends on how many areas are being treated)



Anaesthetic: Local anaesthetic cream if needed



Downtime: Minimal on the face but on neck and Décolletage 2 days



Back to work: Next Day



Results: Instantly visible



Recommended Treatment: 2 Treatments 14 days apart

Maintenance: every 6 month



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## Derma! Filler

I enjoy to enhance my clients natural beauty, with minimum down time. My aim is that my clients will receive lots of compliments like "you look so well and relaxed" and they feel confident by looking at themselves in the mirror instead to be ask "Have you had something done"

Belotero is a light derma! filler made with hyaluronic acid (HA) creating natural results, supple skin texture and gives a look of radiance . It's naturally occurring ingredients ensure that the hyaluronic acid is broken down and that there are no lumps or bumps in the skin after treatment.

- Areas that can be treated:
- Nasolabial Lines,
- Marionette Lines
- Filling niggling imperfections
- Sleep Creases
- Lip Enhancement
- Chin Dimples
- Acne Scars
- Hand Rejuvenation

 Time: 30-45min

Results are immediately and last around 9 - 12 month depending on the product choice. CF only uses resorbable fillers (non-permanent) Back to work immediately





## ADVANCED CLINICAL THERAPEUTIC MASSAGE

This method of massage therapy can help alleviate chronic pain and discomfort. This massage therapy combines and applies a range of techniques to achieve a specific outcome. Deep & soft tissue work, Trigger point therapy, Lymphatic facial work, stretching techniques all combine to create a bespoke treatment to help to reduce any pain or discomfort you might be feeling to help to improve your life quality, increasing range of motion, improve posture and always to de-stress and deeply relax.

 Time: 60min

## REFLEXOLOGY

This is a non invasive complementary health therapy that can be effective in promoting deep relaxation and wellbeing, by reducing stress in peoples lives can be key in optimising good health and building resilience. After you reflexology treatment your tension may be reduced and you might feel relaxed and sleep better, and you might notice to find your mood and sense of wellbeing improving.

 Time: 60min

## SPIRITUAL BODY CLEANSE

We are all created from energy, as well as the objects we hold and the situations we are in, meaning that we are surrounded by both positive and negative energy. We all experience hard times and setbacks, but ignoring the negative energy may easily take a massive toll on our mental health and emotional state without even realising. This process is a way to relieve yourself from negative energy that has started to consume your life and causing anxiety or depression. The ultimate purpose of spiritual cleansing is to create a safe experience for your mind and body to connect in order to rid yourself of harmful energies. This treatment combines sound healing, reiki and kinesiology.






- Sound therapy has long been used to manage a board of health conditions. The treatments are based on understanding all forms of matter, including our body's cells vibrate at different frequencies. Factors such as stress, depression and disease cause cell and organs within our bodies to vibrate at non-optimal frequencies.
- Reiki is a form of alternative medicine called energy healing. Its a great technique for stress reduction and relaxation that also promotes healing.
- Kinesiology uses simple, safe, precise muscle testing procedures to find problem areas. Kinesiology helps get to the root causes and does not just deal with symptoms of a problem.

 Time: 60min



## THE Y-ZONE TREATMENT

As men and women age, the shape of their face goes through changes. Redefine, reduce the volume, firm and tighten the contour of skin in the chin area, jowls, neck and décolletage.

-  Time 60min without anaesthetic - Time 90min with anaesthetic creme
  -  Anaesthetic depends on what needle size will be used
  -  Back to work: Immediately
  -  Frequency: weekly or twice a week
  -  Recommended treatments: 5 sessions
- Product Recommendation: Energizing Beauty Fluid and Ultra Pro-Tech SPF50

## FAT REDUCTION/SLIMMING TREATMENT







### LASER LIPO

This ground-breaking treatment offers non-invasive, instant inch loss results and totally relaxing without any pain or downtime.

Clients don't feel anything except the pleasure of relaxation and confidence that they are on their way to a new shape.

#### How does it work?

The clinical proven, non-invasive laser treatment penetrates the skin to selectively target the fat cells underneath, leaving blood vessels, nerves and other tissue undisturbed. When the fat cells absorb the energy from the lasers they release water, glycerol and free fatty acids. The harmless fat cell content is then removed from the body through lymphatic drainage, giving fast results that get better over time.

-  Time: 50min
-  Back to work: immediately
-  Pain level: relaxing
-  Results: instant but will continue over 48hrs
-  Drink plenty of water after the treatment
-  Recommended treatments: Course of 8 treatments for best results once or twice a week



## EYE TREATMENTS

### Instant Eye Lift:

A powerful and intense rejuvenating eye treatment that visibly reduces fine lines located in the periorbital area, smoothes wrinkles as well as reducing the appearance of dark circles and puffiness. Using a product that contains organic silicon, artichoke extract, Ginkgo Biloba, Vitamin C, Sodium Hyaluronate, Troxerutin and three peptides.



Time: 30min



Back to work: immediately

### Eyelash Tint:

Tint eye lashes a darker shade to enhance eyes without make-up. Lasts up to 6 weeks. A patch test is required at least 24 hours prior to your first treatment.



Time: 20min

### Eyebrow Tint:

Enhance brows by tinting them a darker shade of their natural colour. Lasts between 4-6 weeks. Ideal for very fair hair. A patch test is required at last 24 hours prior to your first treatment.



Time: 15min

### Eyebrow Shape:

Give shape and definition to your brows. We can use wax or tweezers depending on preference. We recommend wax as it is always gives a cleaner finish



Time 15min

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## The TMJ System RESET

Simple non invasive system of relaxing jaw muscles enabling the Temporomandibular joint to reset which can be combined with our biotherapy treatment for fast pain relief and natural ear candles with benefits (Tinnitus, TMJ and Inflammation)



Time: 60min

For more information on Claudia and Claudia Fallah products, please visit;

[www.claudiafallah.co.uk](http://www.claudiafallah.co.uk)



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## BESPOKE CF COSMECEUTICAL FACIAL TREATMENTS

Please note that all prices on this menu are only available at my private clinic in Mile End.

Facials, Thread Vein, Skin Tag, and Milia Removal are from £125.00 to £175.00 (the price depends on the treatment time and products being used)

### Medical Peeling Treatments:

Medical Peels x 1 session £100.00  
Course of 6 - £300.00 ( 50% discount)

Herbapeel Light x 1session £85.00  
Herbapeel Deep Peeling includes 2 visits and home care products £355.00

TCA Peel 15% for 1x session £125.00  
Course of 4 (recommended) £400.00

### Mesotherapy Treatment:

Face, Neck and Décolletage  
x 1 session £200.00  
Face only 1x session £150.00

Y-Zone Treatment x 1 session £200.00  
Course of 4 (recommended) £650.00

### Biotherapy Treatment:

x 1 session £80.00

Dermal Filler Biorevitaliser  
x 1 session £200.00

### Dermal Filler :

Belotero Intense (1ml syringe) £250.00  
Belotero Volume (1ml syringe) £300.00

### Laser Lipo:

Laser Lipo Fat Reduction/Slimming  
x 1 session £85.00  
Course of 8 (recommended) £450.00

### The TMJ System Reset treatment:

x 1 session £115.00 (including biotherapy and natural ear candles)

Advanced Clinical Therapeutic Massage  
60min for £95.00

### Reflexology:

60min for £85.00

### Spiritual Body Cleanse :

60min for £150.00  
90min for £180.00

For more information on Claudia and Claudia Fallah products, please visit;

[www.claudiafallah.co.uk](http://www.claudiafallah.co.uk)



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## Terms and Conditions

Terms of Business Claudia Fallah Cosmeceuticals Ltd (Company No: 03864893) 40 Candy Wharf, 22 Copperfield Road, London E3 4RL

Treatment prices on this treatment menu are only available at my private clinic at Mile End.

Home visits will be charged at extra cost and also at Harvey Nichols Knightsbridge at Beyond Medispa on the 4th floor.

Top-up appointments for Dermal Filler or Biorevitaliser injections can only be done two weeks after the first appointment, but cannot be done after three weeks maximum.

### Courses

All pre-paid courses are non-refundable and valid for the duration from the first booking date in the recommended treatment time frame. Any monies paid but not used within this time will be forfeit and not eligible for a refund or credit to an alternative treatment.

### Cancellation Policy

Your aesthetic treatment appointment with Claudia Fallah at Mile End is reserved specifically for you (the client).

I therefore ask that you notify me within 48 hours in advance if you wish to cancel or reschedule your booked appointment with Claudia Fallah.

Late Cancellation appointments cost me (Claudia Fallah) precious time and money, therefore if I receive less than 48 hours notice of cancellation a 50% of the booked treatment cost will be charged.

Less than 24 hours or "No shows" for the arranged appointment time will be charged the full cost of the booked appointment. As I am unable to judge reasons of change, cancellation or non-arrival at the arranged appointment time, clients are reminded that no exceptions of the above conditions will be made and that any booking made with Claudia Fallah (verbal or written) forms a legally binding contract.

I do not offer compensation if I (Claudia Fallah) cancel your appointment.

If a genuine provable reason prevents you from attending at the last minute, or you are in receipt of a medical certificate stating that you were too ill to attend, your default fee may be refunded at my discretion.

Thank you for your understanding.

Claudia Fallah x

